

Food Pantries & Soup Kitchens

University Baptist Church

700 S. Oakland Dr.

618-457-0323

Food Pantry: Mon 9a-1p; Fri 9a-11:30a

Free Clothes/Coats: Mon & Fri 9a-11a

Victory Dream Center

607 E. College St.

618-351-8018; 618-525-2025

Wed 10a-1:30p & Sun 12p-1p

Good Samaritan Ministries

701 S. Marion St.

618-457-0323

Meals daily 8a, 11:30a, & 5p

Bethel A.M.E. Church

316 E. Jackson St.

618-520-5278; Mon-Fri 12p-1p

Meal deliveries to residences also provided.

Murphysboro Food Pantry

906 N. 14th St. Murphysboro

618-684-8258; Mon-Fri 9am-11am

(Can go once a month)

Transportation to and from food pantry provided by Jackson County Mass Transit,

618-549-0304, available at Carbondale

Township, 217 E. Main St. Mon-Fri at

8:30a, 9a, 10a, 12p & 2p.

Carbondale Church of God

1461 County Line Rd

618-457-6634; 9a-12p

First and third Thursday of each month.

Crisis Services

Path Crisis Center

Serving 32 Counties within Illinois

Dial 2-1-1 or 1-888-865-9903 to

speak to a trained counselor.

Free, confidential, and available 24/7.

Crisis Text Line (National)

Text GO to 741-741 anytime within the

US to text with a trained counselor.

Free, confidential, and available 24/7.



Transportation

Saluki Express

618-549-2877

Valid SIUC ID, bus pass, or pay \$1.

Drivers have maps of routes.

Rides Plus Call Center

A Division of Rides Mass Transit

1-844-220-1243; Mon-Fri 7a-6p

Will assist individuals with

transportation to local and regional

destinations including non-emergency

medical appointments.

Jackson County Mass Transit

618-549-0304; Mon-Fri, 7a-5p

Advanced notice required. Ages: 0-5

(Free if accompanied by an adult), 6-15

(\$1), Students (\$1), Seniors (\$2). Regular

routes and curbside drop-off.

Carbondale Township

217 E. Main St.

618-457-3366

Pick up Mon-Fri 8:30a, 9a, 10a, 12p, &

2p. Free rides to Murphysboro Food

Pantry, Jackson County Health Dept,

IDHS (Public Aid), Western Egyptian

(Energy Assistance) & Jackson County

Probation Office.

Amtrak

401 Illinois Ave. 800-872-7245

Greyhound

401 Illinois Ave. 618-457-3388

Ace Taxi, LLC

618-549-8294. Fees vary from \$4-\$8

All Aboard Jet Taxi

618-964-4412

\$5/local + \$1 per extra passenger

For a comprehensive guide to area resources, visit www.hsidn.org/resources or call the United Way Help Line at 2-1-1 and online at **211.org**.



Carbondale Area Resources Guide

2018



A project of

Carbondale Public Library

www.carbondalepubliclibrary.org

&

Sparrow Coalition

www.sparrowcoalition.org

The Carbondale Public Library offers social work intern services including case management, advocacy, resource referrals and more. Contact the library for more information.

405 W. Main Street

Carbondale, IL 62901

457-0354 Ext. 308

Unless otherwise noted, all resources are in Carbondale. Prices and details are subject to change.

Medical Care -Urgent Care Providers

Shawnee Health Care Same Day

400 S. Lewis Ln.
618-519-9200

Mon-Sat 9:30a-7p, Sun 11a-5p

Center for Medical Arts Prompt Care

2601 W. Main St.
618-549-5361

Mon-Fri 8a-7p, Sat 8a-5p, Sun 12p-4p

Medical Care -Primary Care

Shawnee Health Care

400 S. Lewis Ln.
618-519-9200

Family, internal, pediatrics, pharmacy, OB/GYN, dentistry, addiction treatment, counseling, psychiatry, senior services.

Jackson County Health Department

415 Health Dept. Rd. Murphysboro
618-684-3143 Mon-Thu 8a-5p

Vaccinations, flu shots, WIC, STD testing.

Behavioral Health & Substance Abuse Treatment

Centerstone

2311 S. Illinois Ave. 1-855-608-3560

Walk-ins: Mon-Fri 8a-3p

Gateway Foundation

1080 E. Park St.

618-529-1151; 1-877-505-HOPE

S.I. Center for Independent Living

2135 W. Ramada Dr. 618-457-3318

AA meetings Tuesdays at 5:30p

St. Francis Xavier Catholic Church

303 S. Poplar St. 618-457-4556

Women's Discussion Thursdays at 6p.

The Haven

10289 Haven Ln. 618-985-3254

Thursdays at 6:30p.

The Fellowship House

800 N. Main St., Anna. 618-833-4456

Mon-Fri 8a-4p

Emergency & Transitional Housing

Good Samaritan Ministries

701 S. Marion St.
618-457-5794

Lighthouse Shelter

1101 N. Madison St. Marion
618-993-8180

Williamson County Family Crisis Center

514 N. 18th St. Herrin
618-988-8020

The Women's Center

610 S. Thompson St.
618-549-4807

Shelter for women/children and counseling. Rape/domestic crisis services.

Low-Income Housing

Carbondale Towers

703 S. Rawlings St.
618-529-3371

Income-based public housing for the elderly and individuals with cognitive and/or physical disabilities.

Southern Illinois Coalition for the Homeless

801 N. Market St. Marion
618-993-0094

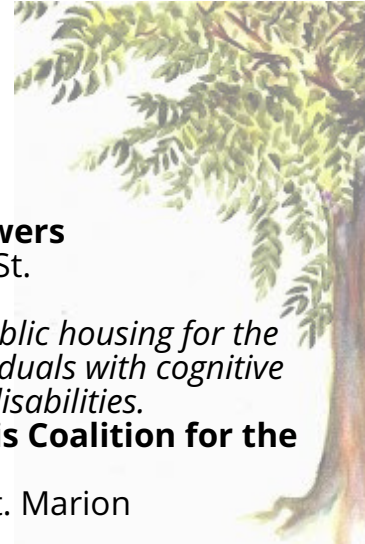
Home buying assistance and supportive services. Individuals with disabilities, HIV/AIDS, and ex-felons are all welcome to apply.

The Fields Apartments (HFDA)

700 Lewis Ln. Carbondale
618-549-7377

Jackson County Housing Authority

300 N. 7th St. Murphysboro
618-684-3183



Economic, Utility & Legal Aid

Illinois Dept of Human Services

342 North St. Murphysboro
618-687-1705

Food, medical, cash assistance.

Carbondale Township

217 E. Main St.
618-457-3366

Rent and utility assistance.

Supporting People in Need (SPIN)

822 Industrial Park Rd. Murphysboro
618-201-4859

Assistance with personal property damage from fire, floods and tornadoes.

Child Care Resource and Referral (CCRR)

700 Logan College Rd. Carterville
618-985-5975

Assistance and referrals for child care.

Crosswalk Community Action

410 W. Main St. West Frankfort
618-937-3581

Energy assistance, home repair, weatherization.

Western Egyptian E.O.C.

342 North St., Suite B, Murphysboro
618-443-5231

Energy assistance, weatherization.

Social Security Administration

250 W. Cherry St. 877-714-0377
Mon-Fri 9a-4p

Land of Lincoln Legal Assistance

509 S. University St. 618-457-7800

Free legal services for low-income individuals in certain civil cases and those who have been denied benefits.

S.I. Center for Independent Living

2135 W. Ramada Dr. 618-457-3318

Supportive services for those with disabilities.

Center for Empowerment & Justice

213-215 N. Washington St.
312-593-6998

Legal advice and practical alternatives, clothes library (free) and other resources.